

Howell Mountain Elementary Menu For
February 2012 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sunbutter & Jam Sandwich, Berries & Peaches, Carrots & Celery w/Ranch dip Milk	2 Veggie or Meat WW Spaghetti Garden Salad Sliced Peaches Milk	3 Margharetta Pizza Caesars Salad Applesauce Milk
6 Taco Pockets Chips & Salsa Sliced Oranges Milk	7 BBQ Baked Chicken Rosemary Rice Sweet Corn Sliced Oranges	8 Turkey & Cheese Sandwich on Whole Grain w/lettuce, tomato & pickles Fruit Smoothie	9 Mac & Cheese Turkey Ham Carrot Coins Fresh Orange Milk	10 Cheese or Pepperoni Pizza Caesars Salad Sliced Pears Milk
13 Crispy Tacos w/lettuce, tomatoes & cheese. Spanish Rice, Apricot Cups & Milk	14 Chicken Enchilada Casarol Chips & Salsa Green Beans, Fruit Milk	15 Boston Bean Soup w/ham or cheese sides, 1/2 sandwich Baby Carrots Milk	16 WW Pasta w/fresh Veggies tossed in Olive Oil, Soup, Sliced Peaches Milk	17 HOLIDAY OFF
20 HOLIDAY OFF	21 BBQ Baked Chicken Rosemary Rice Sweet Corn Sliced Oranges Milk	22 Chicken Soup w/rice 1/2 Grilled Cheese Sandwich, Frozen Peaches & Cream Milk	23 Veggie or Meat Lasagna Garden Salad, Sliced Pears Milk	24 Cheese or Pepperoni Pizza Caesars Salad Sliced Pears Milk
27 Taco Salad Cinnamon Apples Blueberry Muffins Milk	28 Chicken Fajita Nachoes Beans & Cheese Cinnamon Apples Milk	29 Grilled Ham & Cheese Sandwich Berries & Peaches Trail Mix Milk		